

Joanna Kaczmarek, Poland

Joanna Kaczmarek is a Coordinator and Focusing-Oriented Therapist certified by the International Focusing Institute.

She is a sociologist and psychotherapist certified by the Polish Psychological Association and the Polish Society for Integrative Experiential Psychotherapy and Social Education INTRA. At the INTRA Center, she works as a supervisor, trainer and lecturer.

Since September 2021, Joanna has been leading the Polish Focusing Institute, organizing its structure and spearheading activities within the Institute. In this role, she works to build a community of Focusers by establishing a social media presence, organizing workshops, and exploring new ways to promote Focusing in Poland.

She is co-author of the book *Experiencing and Psychotherapy*, and runs a private practice at the Sensum Center for Psychotherapy and Development where she has been a co-owner since 2005.