



Natalia Calviño  
Certifying Coordinator  
Focusing Oriented Therapist  
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For 35 years I worked as an English teacher in different institutions and schools among them: St Margaret's School, St Hildas and Universidad de San Martín; I taught French for a short time at the Alianza Francesa. My last years working in schools was as a Counselor and I was part of the Social development team.

This extensive teaching experience has allowed me to develop my interpersonal skills such as understanding, listening, empathy, and also to explore myself, know myself and enrich myself in constant interaction with others.

I studied Psychology at the Universidad de Buenos Aires for 3 years when I finished High School

I became a Person Centered Counselor at the Instituto Intercambio (Tecnatura en Consultoria Psicológica) and in 2018 I became a Focusing Trainer, with Mónica Pérez Iturraspe as my Coordinator

In 2019 I started teaching Focusing at Instituto Intercambio together with Mónica Pérez Iturraspe.

I also taught different subjects at Instituto Intercambio and I was a Supervisor for students in their last practices.

As a Translator/Interpreter, in addition to translating texts for the University of Tokyo and Unsam, along with Gabriela Leighton, WAPCEPC, the International Focusing Institute, and other international authors, such as Edgardo Riveros, Jeffrey Morrison, Martín Lange, etc., I served as a translator in different workshops, seminars and workshops; among them:

- Intensive Focusing Seminar "Treasure Maps for the Soul" and "Unraveling my Inner Critic" facilitated by Ann Weiser Cornell and Barbara McGavin.
- And many other TIFI Conferences, Weeklongs, Cumbre, etc

Masterclass "The Radical Acceptance of Everything", given by the International Forum for the Person Centered Approach.  
Masterclass by Charles O'Leary.

Always looking for continuing education, I did further studies in:

- Counseling for Adolescents in the Person Centered Approach
- Supervision for Therapists
- Trauma and Addiction
- Jan Winhall's Felt Sense Polyvagal Model Certificate Course
- Transpersonal Psychology
- in addition to various workshops and courses.

In 2019 I had the privilege of getting my International Focusing Certification at the Weeklong in Chile, where I also facilitated the translation.

In 2023 I became a Certifying Coordinator, mentored by Tom Larkin, and Jan Winhall, Suzanne Noel and Monica Perez Iturraspe

Nowadays I have a private practice as a Focusing-Oriented Therapist and a Supervisor for therapists I also teach the whole Focusing Certification and FOT Program, (in English and Spanish) and I especially enjoy training and supervising Therapists, as well as my work with clients both in an individual and group basis.

I'm also a Facilitator in Jan Winhall's FSPM (Felt Sense Polyvagal Model) Certificate Course, and part of the team of Focusing teachers at her courses in Stephen Porges' PVI (Polyvagal Institute).