

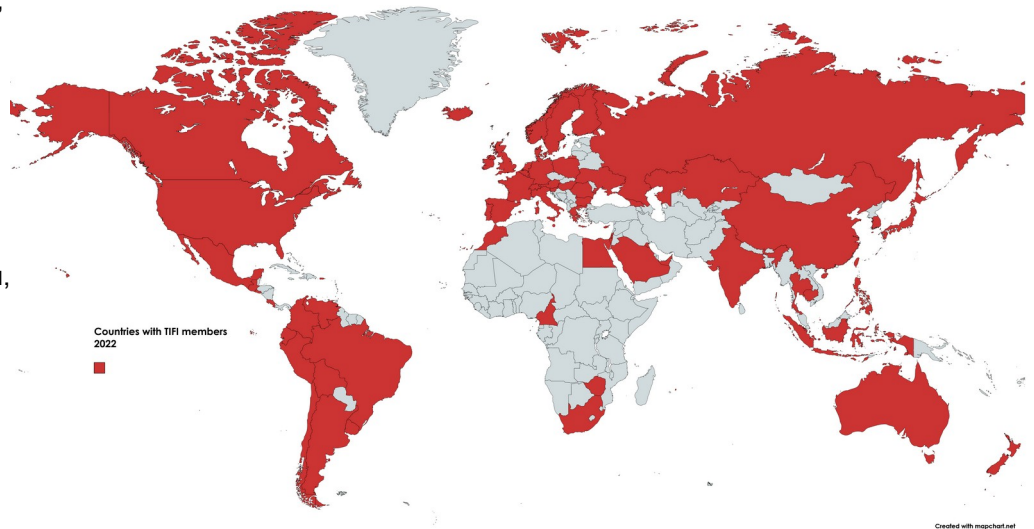
## **ANNUAL REPORT 2022**

In 2022, The International Focusing Institute (TIFI) was full of activity, fulfilling our mission to spread Focusing and felt sensing throughout the world. We have a vibrant community of people who do this alongside us. Some love Focusing because it has made their lives richer and helped them to navigate the vicissitudes of life; some are psychotherapists who find Focusing vital to their work; some are philosophers who see the potential of Focusing and felt sensing to understand the world and live in it with greater meaning. Our work at TIFI is to support and encourage all the many ways that felt sensing can bring relevance and clarity to people. This annual report shows the state of the Institute's work, some of the means by which we furthered our mission in 2022, and celebrates the many people who take part through their contributions of time, talent and treasure.

### **MEMBERSHIP**

**NUMBERS:** As of the writing of this report, we have 2,140 members. Of these, 225 are Coordinators, 60 are Coordinators-in-Training, 990 are Certified Focusing Professionals (Trainers and non-Coordinator FOTs), 423 are Trainees, 425 are affiliate members and 9 honorary members. These are comparable to last year's numbers, with an overall increase of about 3%.

**COUNTRIES:** Members come from 71 countries: Argentina, Aruba, Australia, Austria, Belgium, Bermuda, Bolivia, Brazil, Bulgaria, Cambodia, Cameroon, Canada, Chile, China mainland, China Hong Kong, Colombia, Costa Rica, Cyprus, Denmark, Ecuador, Egypt, El Salvador, Finland, France, Georgia, Germany, Greece, Guatemala, Hungary, Iceland, India, Indonesia, Ireland, Israel, Italy, Japan, Kazakhstan, S. Korea, Kuwait, Luxembourg, Malta, Mauritius, Mexico, Morocco, The Netherlands, New Zealand, Norway, Palestine, Peru, Philippines, Poland, Portugal, Puerto Rico, Romania, Russia, Saudi Arabia, Singapore, Slovenia, South Africa, Spain, Sweden, Switzerland, Taiwan, Thailand, Ukraine, United Arab Emirates, the United Kingdom, the United States of America, Uruguay, Venezuela and Zimbabwe.



### **EQUITY IN MEMBERSHIP**

In August 2022, TIFI announced our "Equity in Membership" revision of worldwide membership rates. The new schedule of rates makes membership much more accessible for those in countries whose currencies are much less powerful than the dollar. The new rates were implemented in January 2023. Read about this important step toward worldwide equity at <https://focusing.org/membership/equity-membership>

## COORDINATORS

*A listing of all our Coordinators can be found by going to Find a Focusing Professional on our website and choosing "Coordinator (Can certify through the Institute)"*

*All new Coordinators and Coordinators-in-Training are announced throughout the year in the "Milestones" section of the In Focus newsletter.*

TOTAL: There are 225 Coordinators, an increase of about 9 from last year. They hail from 36 countries: Argentina (11), Australia (3), Austria (2), Belgium (10), Bolivia (1), Brazil (5), Canada (16), Chile (1), mainland China (4), China Hong Kong (6), Costa Rica (1), Denmark (2), Ecuador (1), Finland (1), France (2), Germany (15), Greece (5), Guatemala (1), Hungary (2), Ireland (4), Israel (18), Italy (18), Japan (18), Korea (1), Luxembourg (1), Mexico (4), Netherlands (7), New Zealand (1), Norway (1), Poland (1), Portugal (1), Puerto Rico (1), Russia (1), Slovenia (1), Spain (5), Switzerland (4), Taiwan (1), the UK (12), and the USA (36).

NEW COORDINATORS: We welcomed 11 new Coordinators 2022. You can read about them in the Milestones section of the [In Focus newsletter](#). They are:

TOP ROW (L-R) Mateja Vrhunc Tomazin (Slovenia), Marta Fabregat (Ireland/Spain), Christine Groscarret (France), Natalia (Naty) Calviño (Argentina), Peter J. Ryan (USA), Donata Schoeller (Switzerland).

SECOND ROW (L-R) Julie Ramsey (USA), Josefina Castronuovo (Argentina), Mary Jennings (Ireland), Ria van Hage (the Netherlands), Carlos Gonzalez Perez (Spain).



## THINKING AT THE EDGE

**NEW TAE PROFICIENCY AWARD** – An exciting new development is the creation of TIFI's TAE Proficiency Award. This Award indicates a basic competence in Thinking at the Edge, and makes one eligible to find a TAE partner through the TAE Partnership Network. Information about the award can be found at [focusing.org/tae/award](https://focusing.org/tae/award)

**TAE ACADEMY** – TIFI put on its first TAE Academy, which was a chance for participants to study with one of four teachers, and to attend workshops. There were over 100 participants.



## GATHERINGS & CLASSES – [focusing.org/events](https://focusing.org/events)

**SCHOLARSHIPS:** We once again gave more than \$20,000 in scholarships for the Gendlin Symposium, the Advanced and Certification Weeklong and the Felt Sense Conference.

**CHILDREN & FOCUSING CONFERENCE:** “It Takes a Village” took place in February. The recap of this event can be found [in our April 2023 newsletter](#). We are especially glad that Lucy Bowers was able to present at the conference. She was a pillar in the Children & Focusing community and passed away about a year later. She’s pictured here on the upper right, during her presentation.



### HYBRID WEEKLONG FOR ADVANCED FOCUSERS:

We had our first hybrid Weeklong, with 8 people together in Connecticut, 15 people together in Dublin, plus 38 others who participated online only. Another 7 [volunteers](#) helped with translation and Zoom support, bringing total participation to 68. We were delighted that our hybrid format

worked so well and so we’re doing the [Weeklong for Advanced Focusers](#) in the same way in 2023.



**HIGHLIGHTS AND CLASSES:** We offered 11 Focusing Highlights along with 7 other online courses. Thank you to all our volunteer presenters! A full list of our presenters and the Zoom support team who make the classes happen can be found in our [February 2023 In Focus Newsletter](#).



**FACETS OF FOCUSING ONLINE SUMMIT & FACETAS DE FOCUSING CUMBRE ONLINE** - These low-cost online events are created by pulling great videos out of our archives. In 2022, we added one all in Spanish.



## COORDINATORS' MEETING at INTERNATIONAL FOCUSING CONFERENCE in FRANCE

The French Focusing organization IFEF (Institut de Focusing d'Europe Francophone) organized the Focusing community's 29th International Focusing Conference, in Vogüé, France. TIFI cannot take credit for their wonderful conference, though we gave them encouragement, moral support and advice as needed, and of course promoted the event.

The organizers of the conference are pictured here: Christine Groscarret, Sylvie Liguori, Nga Bui, Michel Mercuriali & Bernadette Lamboy. Below is a group photo of the 180 people were in attendance.



TIFI worked with Coordinators to have a COORDINATORS' MEETING for two days prior to the conference on site, ably led by Ruth Hirsch and Heidrun Essler. It was a rich experience of fellowship and meaningful conversation. Pictured below are most of the Coordinators who were in attendance.





## MEMBERSHIP COMMITTEE ACTIVITIES

- You can see more about the Membership Committee, including who the members are, [on their new web page](#).
- Mariana Písula of Argentina continued as Chair. Members of the committee are from Romania, Germany, Switzerland, Palestine, Spain and the United States.
- ROUNDTABLES: There were 14 Roundtables (free online conversations for members) all but one of which were part of a Roundtable Series: Oceania, Italian (Tavola Rotonda Di Focusing), Therapists and Children & Focusing



Mary Anne Schleinich



Julie Ramsey



Steve Moscovitch



Susan Lennox

- MESAS REDONDAS & CAFECITOS – There were two Cafecitos and one Mesa Redonda thanks to the new team putting these together: Alejandro Juroczko, Lucia Aguilar and Flor Sassoli, all three from Argentina.
- "HELLO HELLO" gatherings continued for Focusers who are not yet members. These are multi-lingual chances for people familiar with Focusing but not yet members of TIFI. The one in December 2022 was in English, Spanish and Romanian. These are promoted to Trainers and Coordinators, who are asked to encourage their students to attend.
- One-on-one WELCOME CONVERSATIONS for new members continued. Any member can ask to have a conversation with a member of the Membership Committee; most who make this request are new members.

## FUNDRAISING – [focusing.org/donate](https://focusing.org/donate)

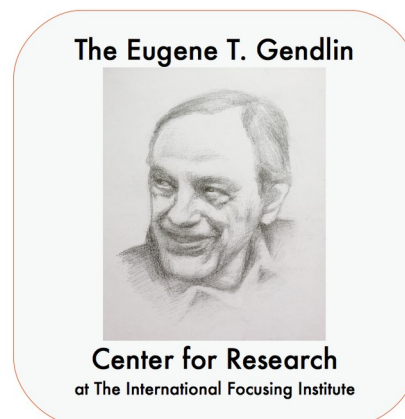
We received some extremely generous donations in 2022, including one from Nathan Rome in honor of his brother, our former Board President, David Rome. We will feature more about that gift in an upcoming newsletter. We received a grant to further our work on the Gendlin Online Library and other website projects. An anonymous angel donor has continued to give a matching grant at year's end to encourage donations from you. The addition of many smaller gifts all add up to help us make Focusing findable. The smaller gifts are just as important because they represent a wide base of support, and they quickly add up. Our 2022 donors are acknowledged in our [February 2023 In Focus newsletter](#).

## VOLUNTEERS

We celebrated our 2022 volunteers in our February 2023 newsletter, as well as continuing our tradition of an online thank you party. [Here's the list of all 160 volunteers](#), filling 265 different roles. They taught classes, led Roundtables or Cafecitos, wrote newsletter articles, translated documents, served on committees, helped with fundraising, and many other tasks large and small that make TIFI a place to connect and learn. Many thanks to all of them.

**THE EUGENE T. GENDLIN CENTER FOR RESEARCH IN EXPERIENTIAL PHILOSOPHY AND PSYCHOLOGY**  
 – [www.gendlincenter.org](http://www.gendlincenter.org)

- With the TIFI Board's approval, Sigridur Thorgeirsdottir and Siebrecht Vanhooren joined the Gendlin Center committee. Read more about them in the February 2023 In Focus newsletter [here](#).
- The Gendlin Center has compiled Doctoral Dissertations on Focusing and Gendlin's philosophy. There are 79 dissertations now listed on the Gendlin Center web page, from 9 countries. We are sure there are more we are missing, so if yours is not listed, or if you know of one that should be added, please write [gendlincenter@focusing.org](mailto:gendlincenter@focusing.org).



- Gendlin Grant in Philosophy has been created (to be awarded in 2023).



Akira Ikemi (Chair)  
(Bio)  
email



Kevin Krycka  
(Bio)  
email



Mary Jeanne Larrabee  
(Bio)  
email



Evelyn Fendler-Lee  
Board Liaison  
(Bio)  
email



Joao Messias  
(Bio)  
email



Siebrecht Vanhooren  
(Bio)  
email



Sigriður Þorgeirsdóttir  
(Bio)

- Planning began for the 2023 Gendlin Symposium to take place online September 28 – October 1. Sigridur Thorgeirsdottir, Mary Jeanne Larrabee and Donata Schoeller are the conference organizers. The conference is sponsored by DePaul University, the University of Iceland, and the University of Koblenz in Switzerland.
- Work continued on a revised Experiencing (EXP) Scale, which will encourage more research on the effectiveness of Focusing.

## The TIFI BOARD – [focusing.org/board](https://focusing.org/board)

- As 2022 ended, the members of the Board were: Nelle Moffett (President, USA), Evelyn Fendler-Lee (Vice-President, USA/Germany), Darryl Commings (Treasurer, USA), Florentina Sassoli (Argentina), Veronica Toescu (United Kingdom) and Eveline Moor Züllig (Switzerland).
- The Board meets monthly.
- The Board finalized the Diversity, Equity and Inclusion statement, which can now be found at [focusing.org/board](https://focusing.org/board). This important statement of the Board's values was revised alongside minor revisions to the Diversity of Approaches statement. Both statements were finalized only after extensive consultation with members.
- For the second year, the Board held online meetings for members in the fall.
- The Board sent a letter to Coordinators in late 2022, expressing the intent for TIFI to use the phrase "Experiential Focusing" (in lieu of simply Focusing) on [focusing.org](https://focusing.org) with the primary purpose of creating a phrase that automated translation services would learn to translate properly. There was a strong response, which caused the Board to delay any decision. It is going over feedback during 2023.
- Nearly every issue of [the In Focus newsletter](#) contains updates on Board activities.

## The INTERNATIONAL LEADERSHIP COUNCIL (ILC) - [focusing.org/ilc](https://focusing.org/ilc)



As 2021 ended, the members of the ILC were: Claude Missiaen (Belgium), Laura Bavalics (Hungary), Nancy Falls (Canada), Yongwei Xu (mainland China), Massimo Zarghetta (Italy) and Guilherme Tostes (Brazil).

The ILC followed up with its meetings with Coordinators from the previous year by presenting a summary of findings from Coordinators on the roles of Coordinators.

A major achievement was the finalization the Process for Naming Coordinators, which was announced formally in January 2023.



Laura Bavalics



Massimo Zarghetta



Guilherme Tostes



Claude Missiaen



Nancy Falls



YongWei (Carol) Xu

## FINANCES

Income from membership bounced back in 2021 after a drop in 2020. Income from online classes and events, on the other hand, did not remain at the increased level that we saw in the first year of the pandemic. Income from donations remained strong, based on a few major donors and many small donations.

Below is a summary of our income and expenses from January to December 2022 showing a surplus for the year.

<u>Income</u>		<u>Expenses</u>	
Membership & Certification	220,490	Membership/Certif. Svcs	\$210,222
Classes, Conf's, Products	162,935	Classes, Conf's, Products	\$174,668
Donations	139,312	Gendlin Ctr & Projects	\$85,321
Miscellaneous	9,270	Fundraising & Other	\$25,912
Total	\$ 534,410	Total	\$ 496,123