



THE INTERNATIONAL FOCUSING INSTITUTE

Building on the work of Eugene T. Gendlin since 1979

Board of Directors

MINUTES

10th February 2023

Online

Documents sent via email prior to meeting.

- Agenda
- Board Minutes 2023.01.13 – Draft.doc
- 2023 Budget draft.pdf
- January-December 2022 final financial report.xlsx
- ED Annual Goals and Plans for 2023.02.pdf
- ED Goals and Plans for 2022.pdf
- Procedure for evaluating ED.docx
- Board strategic directions 2.2022.newsletter.docx

PRESENT: Nelle Moffett, Darryl Commings, Catherine Torpey, Flor Sassoli, Eveline Moor Züllig, Evelyn Fendler-Lee and Veronica Toescu

GUESTS: Matheus Cautiero (Brazil), Naty Calviño (Argentina) and Patrick Duffy (Ireland)

TAKING MINUTES: Veronica Toescu. Veronica will not be at the meeting in April. Darryl will take the minutes then.

- I. Corrections & Approval of the minutes: The Board approved the minutes of the meeting held on the 13th of January 2023 which will be posted on the website.
- II. Greeting Coordinators: Naty Calviño and Matheus Cautiero. Both Coordinators presented their involvement with Focusing. Natty shared her passion to be working as a Coordinator and as a Focusing-Oriented Therapist. Naty's work as a translator was recognised and appreciated. Matheus shared his work with Focusing – "Sensed Gospel" – Evangelio de Focalizacao and shared that he has translated two Focusing books into Portuguese.
- III. Attunement: Eveline Moor Züllig,

- IV. Report on Coordinator input re: “Experiential Focusing” - The Board heard the preliminary report of the process of capturing the written responses from Coordinators’ emails. The Board is taking this process seriously and acknowledges that it takes time to listen to all the voices. Appreciation was shown for the letter sent by the ILC. The intention is to improve the website by bringing clarity & transparency to what TIFI does and how it does it.
- V. Membership Committee (MC) - Annual Meeting of members with the Board: The MC has agreed to help with meeting members. Board members will be participating in different TIFI events thus, creating opportunities for greater visibility and for members to meet the Board more informally.
- VI. Annual ED Performance Review Process for next month – it was acknowledged that the Board is behind schedule with the evaluation.
- VII. Financials:
 - 4th Quarter/ 2022 final Financial Report – updated report that the organisation is under good stewards, the numbers are all in black. The \$ 30,000 donation was recognised to be part of the 2022 budget.
 - 2023 Annual Budget final – Important to note that there is an increased cost of living, the recommended salary increase for this year is 8%. A lot of effort has been placed on finding the best health insurance provider as these costs have also gone up. The plan this year is to at least break even, we rely on donations. Our budget needs to reflect our organisational goals. Aim for steadiness and increase income from our programmes. It was noted that in future we would attend first to strategic planning. The Board accepted the budget.
- VIII. Executive Director Reports
 - 2023 Goals & Plans document was submitted by the ED. Catherine verbally highlighted one or two of the many items in her document. Those included informing the board that the Diversity, Equity and Inclusion document will be public as soon as it is translated. She also informed the Board that she is working with a consultant to resolve all outstanding requests regarding Gendlin’s intellectual property. The 2023 Goals & Plans document was accepted and approved by the Board.
- IX. Items for Board Strategic Conversations - a request was made by the President that all action items for 2023 by portfolio be sent via email to all Board Members prior to the March meeting.
- X. Patrick Duffy shared that his preference is to be considered as Advisory Board Member. After Patrick left the meeting, the Board unanimously voted to welcome Patrick as the first Advisory Board Member.

The next Board Meeting will be 10th of March 2023 at 12noon (U.S. Eastern time)