

I am professor of philosophy at the Department of Philosophy at the University of Iceland. Prior to my return to Iceland I taught at the University of Rostock, and I was Erkkko Professor at the University of Helsinki in 2014-2015. I studied philosophy in Boston and Berlin, and did my doctorate on the philosophy of Nietzsche. I continue to do Nietzsche-research, but have also done work in feminist and environmental philosophy. I am interested in the intersection of philosophy of embodied life and phenomenology, and have been working on the relation between Nietzsche's philosophy and the philosophies of Arendt, Beauvoir, Irigaray, Butler and more recently of Eugene Gendlin. The issue of embodiment is one of the main philosophical discoveries of the 20th century and Nietzsche as a philosopher of the body and feminist philosophies of the body have laid the ground for the idea of the human being as embodied and hence relational, contextual and therefore individual in a more profound sense. Within feminist thought, I have been interested in transnational issues as one of the founders and first chair of the board of the Unicef Gender Equality Studies and Training-Programme at the University of Iceland (<https://www.grocentre.is/gest>). I was part of the group that ran the Nordic Gender and Philosophy summer schools (2015-2017). Presently, I am working with Donata Schoeller and Greg Walkerden on preparing/editing several publications on the philosophy of the bodycoming out of the international research project Embodied Critical Thinking (www.ect.hi.is) and Training Embodied Critical Thinking (www.trainingect.com), a Erasmus+ funded training program for methodologies of embodied critical thinking that me and Donata Schoeller launched. Ultimately it is about embodied philosophical thinking as transformative knowledge, as knowledge that changes us and as a way of thinking that is needed in times of the environmental challenges and debates stuck in polarizations we are faced with. Feminine/queer wisdom is also part of that transformative power, but one of my research areas has been the contribution of women thinkers to the history of philosophy. I recently co-edited a collection of essays on methodologies of the study of women in the history of philosophy, and I have published three calendars with short entries on women philosophers from the beginnings of philosophy to the present, one of them for the World Congress of Philosophy in 2018 in Beijing as chair of the Committee on Gender Issues of FISP (www.fisp.org) that sponsors the world congress of philosophy. I am interested in politics in a global sense, but my politics presently is very much about transforming the field and discipline of philosophy itself with view to feminist knowledge and methodologies of embodied thinking. For I believe that embodied, philosophical thinking has much to contribute to education and research in general, and I have been learning and researching the methods of embodied philosophical thinking developed by Eugene Gendlin and within micro-phenomenology by Claire Petitmengin for that purpose. Academic philosophy is a field that is both professional and personal for in philosophy we have to be our own laboratories like Gendlin so powerfully teaches us. I was introduced to focusing by Virpi Lehtinen in Helsinki in 2013 and have been practicing it ever since. Presently, I am learning to become a Thinking at the Edge trainer with Evelyn Fendler-Lee.