



# THE INTERNATIONAL FOCUSING INSTITUTE

*Building on the work of Eugene T. Gendlin since 1979*

Board of Directors  
MINUTES  
September 9, 2022  
Online

*Documents sent via email prior to meeting*

From Nelle:

- Annual meeting with members agenda
- Board agenda
- Board minutes from August (draft)
- Instructions on writing Board minutes

From Catherine:

- Diversity Equity Inclusion Coordinator feedback
- Executive Director Report
- Use of the term Experiential Focusing revised
- Document Destruction Retention Policy as finalized in August
- Adjunct Board Member proposed policy experiment

PRESENT: Nelle Moffett, Eveline Moor Züllig, Flor Sassoli, Catherine Torpey

ABSENT (all excused): Darryl Commings, Veronica Toescu, Evelyn Fendler-Lee

GUESTS:

## ATTUNEMENT

- I. Approval of minutes from August
- II. Instructions on writing Board minutes  
Nelle briefly went over the written guidelines she and Catherine created for taking Board minutes
- III. Annual meeting with members agenda  
Nelle went over plans for the upcoming meetings of the Board with members
- IV. Executive Director report  
Catherine submitted a written report as well as a draft letter to Coordinators about the use of the term "Experiential Focusing"
  - a. There was a lengthy conversation about the process around developing the Diversity, Equity and Inclusion statement

- b. There was some conversation about the use of “Experiential Focusing” in other languages, and the document was slightly revised. It was decided to send it out after the Board’s meetings with members.

V. Strategic Conversation

Nelle led a conversation about membership, and the group brainstormed how to attract new members. There was a lot of conversation about how useful it’s been to have so much translation to Spanish. It has been helpful to send the message that although we need money, the important thing is the connection. There was the idea of an electronic “badge” that certified members could be given from TIFI to show that they are certified and are current on membership.

*The next Board Meeting will be on October 14 at 12noon (U.S. Eastern time)*