

# **ANNUAL REPORT 2021**

#### **MEMBERSHIP**

NUMBERS: As of the writing of this report, we have 2,066 members (an increase of 22% over the previous year). Of these, 216 are Coordinators, 65 are Coordinators-in-Training, 875 are Certified Focusing Professionals (Trainers and non-Coordinator FOTs), 444 are Trainees, 446 are affiliate members and 9 honorary members.

COUNTRIES: Members come from 69 countries (an increase of 11 countries over the previous year): Argentina, Armenia, Aruba, Australia, Austria, Belgium, Bermuda, Bolivia, Brazil, Bulgaria, Cameroon, Canada, Chile, China mainland, China Hong Kong, China Taiwan, Colombia, Costa Rica, Cyprus, Czech Republic, Denmark, Ecuador, Egypt, El Salvador, Finland, France, Georgia, Germany, Greece, Guatemala, Hungary, Iceland, India, Indonesia, Ireland, Israel, Italy, Japan, Korea, Kuwait, Luxembourg, Malta, Mexico, Morocco, The Netherlands, New Zealand, Norway, Palestine, Peru, Philippines, Poland, Portugal,



Puerto Rico, Romania, Russia, Singapore, Slovenia, S. Africa, Spain, Sweden, Switzerland, Thailand, Turkey, Ukraine, United Arab Emirates, the UK, the USA, Uruguay and Zimbabwe.

#### COORDINATORS

A listing of all our Coordinators can be found by going to Find a Focusing Professional on our website and choosing "Coordinator (Can certify through the Institute)"

In 2021, we began to make the official announcements of all new Coordinators and Coordinators-in-Training in the "Milestones" section of the In Focus newsletter.

1

TOTAL: There are 216 Coordinators from 36 countries:, Argentina (10), Armenia (1), Australia (3), Austria (2), Belgium (10), Bolivia (1), Brazil (3), Canada (18), Chile (2), mainland China (2), China Hong Kong (5), China Taiwan (1), Costa Rica (1), Denmark (2), Ecuador (1), Finland (1), France (1), Germany (14), Greece (6), Guatemala (1), Hungary (2), Ireland (3), Israel (17), Italy (17), Japan (17), Luxembourg (1), Mexico (4), Netherlands (7), New Zealand (1), Norway (1), Poland (1), Portugal (1), Puerto Rico (1), Russia (1), Spain (5), Switzerland (4), the UK (13), and the USA (34).



NEW COORDINATORS: We welcomed 20 new Coordinators 2021. You can read about them in the Milestones section of the In Focus newsletter. They are: Carolina Ades (Argentina), Jessica Delooz (Belgium), Yehudit First (Israel), Julie Grafe (Belgium), Liat Gross (Israel), Hideki Kamimura (Japan), Dana Keissary (Israel), Imar Kruithoff (Germany), Agostino Manni (Italy), Lourdes Ortiz (Puerto Rico), Env Ottini (Argentina), Akiko Sasada (Japan), Guilherme Wykrota Tostes (Brazil), Paula Travaglini (Argentina), Lia Zagers (Belgium).

# **GATHERINGS & CLASSES –** focusing.org/events

SCHOLARSHIPS: We gave more than \$20,000 in scholarships for the Gendlin Symposium, the Advanced and Certification Weeklong and the Felt Sense Conference.

FELT SENSE CONFERENCE: The theme of the Felt Sense Conference was "Embodied Liberation: the Felt Sense & Social Justice." It directly addressed issues of racism, climate change and gender equality, and

many participants described the conference as "a breath of fresh air." Read more in the January 2022 In Focus newsletter

WEEKLONG: Once again, the Advanced and Certification Weeklong took place online, with Beatrice Blake, Dan Schachter and Tom Larkin were the Core Team, supported by Flor Sassoli, Suzanne Noel and Nicoletta Corsetti as Collaborating Coordinators. We had participants, 16 of whom received their certification at the Weeklong with 1 person (Paula Travaglini from Argentina) being celebrated as a new Coordinator. Read more in the August 2021 In Focus newsletter.

FOCUS-A-THONS: We offered two Focus-a-thons led by 40 different teachers, offering Focusing in 18 different languages.

**Darryl Commings** 

SUMMIT: We implemented a new event: the Facets of Focusing Online Summit, which made use of existing videos combined with in-person conversations at a low price.

HIGHLIGHTS AND CLASSES: We offered 11 Focusing Highlights along with 7 other online courses, including ones in Spanish, Chinese and German.

# VOLUNTEERS

In 2021, we had 467 volunteer roles filled by 247 individuals who live in 37 countries: Argentina, Austria, Australia, Belgium, Brazil, Canada, Chile, China (Mainland, Hong Kong & Taiwan), Costa Rica, the Czech Republic, Denmark, El Salvador, France, Germany, Hungary, Iceland, India, Iraq, Ireland, Israel, Italy, Japan, Korea, Mexico,

the Netherlands, New Zealand, Norway, Poland, Portugal, Romania, Russia, Spain, Switzerland, Turkey, the UK, Uruguay and the USA. They taught classes, led Roundtables or Cafecitos, helped with social media content, wrote newsletter articles, translated documents, served on committees, helped with fundraising, and many other tasks large and small that make TIFI a place to connect and learn. Many thanks to all of them. For a list of volunteers and the various roles they played or committees they served on, see the January 2022 newsletter.





Gabrielle Hoffman





FELT SENSE 2021



## **MEMBERSHIP COMMITTEE ACTIVITIES**



CHAIR: Mariana Písula of Argentina continued as Chair of the Membership Committee. Currently, members of the committee are from Romania, Germany, Austria, Spain and the United States.



- Mariana Písula
- ROUNDTABLES: There were 36 Roundtables (free online conversations for members). Susan Lennox "retired" from running the Roundtables and successfully handed over the reins to a team of 3 Irishwomen. Yes, it takes 3 people to do the work that Susan had been doing! Read more in the June 2022 In Focus newsletter.



Susan Lennox (L)

New Roundtable team (R): Margaret Quinn, Mary Jennings & Elaine Goggin



- "Hello Hello" gatherings began, for Focusers who are not yet members. The first one was in English, Spanish and German.
- The Committee announced the revised Partnership Award and Network and promoted it with letters to Coordinators and Trainers, and Zoom meetings.
- One-on-one welcome conversations for new members began.
- Mesas Redondas began (Roundtables in Spanish, free for members) and Cafecitos continued.

## THE EUGENE T. GENDLIN CENTER FOR RESEARCH IN EXPERIENTIAL PHILOSOPHY AND PSYCHOLOGY - www.gendlincenter.org





The Gendlin Research Center led its first Gendlin Symposium online in April in conjunction with Seattle University. Plenary sessions were offered by Donata Schoeller, Edward Casey, Robert Scharff and Eric Seversen. Many scholars not previously involved with

**TIFI** were organizers or presenters, broadening

the reach of Gendlin within academia. This Symposium was an important step forward for engaging more scholars with Gendlin's philosophy. Read more about it in the May 2021 In Focus newsletter.

**Plenary Speakers** with Simultaneous Translation to Spanish con traducción simultánea al español



Schoeller

Ed Casey Robert Scharff Eric Severson

Siebrecht Vanhooren, the first recipient of the Gendlin Grant, reported on the initial results from research the grant helped to fund. The abstract and a short video summarizing the findings can be found at www.gendlincenter.org.

# **GENE GENDLIN'S LEGACY**

Gene Gendlin received Memorial Award for Lifetime Achievement from the American Psychological Association. This is one of a number of awards that Gene received from the APA, beginning with his having been the first recipient of the "Distinguished Professional Award in Psychology and Psychotherapy" in 1970. For information about the event and to see the video of the ceremony, <u>check out the July 2021 In</u> <u>Focus newsletter</u>.



#### FUNDRAISING - focusing.org/donate

Twice as many of you made donations in 2021 compared to the previous year. Thank you so much. We have some donors who are capable of giving large gifts, for which we are of course extremely grateful. The addition of many smaller gifts all add up to help us make Focusing findable. The smaller gifts are just as important because they represent a wide base of support, and they quickly add up. <u>Our donors are listed in the January 2022 In Focus newsletter</u>.

# The TIFI BOARD - focusing.org/board

 As 2021 ended, the members of the Board were: Nelle Moffett (President, USA), Peter Afford (UK), Evelyn Fendler-Lee (Vice-President, USA/Germany), Darryl Commings (Treasurer, USA),



Florentina Sassoli (Argentina) and Paula Nowick (USA).

- The Board meets monthly.
- The Board led meetings with members regarding the proposed revisions to the Diversity of Approaches statement. That process of revision continues and the Board is planning in 2022 to report back to members on further revisions based on the feedback received.
- The Board held online meetings for members to discuss the 2020 annual report.
- Nearly every issue of the In Focus newsletter contains updates on Board activities.

The INTERNATIONAL LEADERSHIP COUNCIL (ILC) - focusing.org/ilc



As 2021 ended, the members of the ILC were: Claude Missiaen (Belgium), Roberto Larios (Mexico), Laura Bavalics (Hungary), Nancy Falls (Canada), Yongwei Xu (mainland China) and Massimo Zarghetta (Italy).

The ILC has engaged in a number of meetings with Coordinators over the past year, inviting reflection on the roles and responsibilities of Coordinators now and in the future.



# FINANCES

Income from membership bounced back in 2021 after a drop in 2020. Income from online classes and events, on the other hand, did not remain at the increased level that we saw in the first year of the pandemic. Income from donations was strong, for which we are very grateful. We received a second grant from the US government. The two consecutive years of grants from the US government has allowed us to replenish our savings, which had been drastically reduced during the period of transition from 2013-2015.

Below is a summary of our income and expenses from January to December 2021, showing a surplus for the year.

Income		Expenses	
Membership & Certification	219,512	Membership/Certif. Svcs	218,038
Classes, Conf's, Products	142,762	Classes, Conf's, Products	142,057
US govt. grant	47,768	Gendlin Ctr & Legacy	64,743
Donations	120,126	Fundraising	23,481
M <u>iscellaneous</u>	4,242	Pause for Peace & Projects	21,479
Total	\$ 534,410	Total	\$ 469,798