

Darryl Commings is a certified public accountant from St. Louis, Missouri USA. He has over 30 years experience in the field. However, his true passion is the human spirit. That passion drew him to Focusing which he combines with social justice activism and embodied spirituality. He is currently studying for his Doctor of Ministry degree (completed his Masters of Divinity in 2017). He believes that Focusing is, and should be, a force for human liberation and he looks forward to bringing all his skills to bear for the TIFI board.