

Nancy A. Falls, Ed.D., RP
Mississauga, Ontario, Canada
Focusing Trainer in 1994
Certified Focusing Coordinator in 2000

I am a Registered Psychotherapist in the Province of Ontario, Canada. I have a private practice as well as work for Radius Child and Youth Services as the Manager of Training and Consultation. I work primarily with children and youth who have experienced trauma or engaged in sexually harming behaviours. I have been in the field for over 20 years, as a private practitioner and working in various children's mental health agencies. I designed and implemented specialized programs to work with children, youth and families impacted by sexual abuse as well as newcomers to Canada who had experienced trauma. Currently, I have developed an Institute to provide mental health agencies with training and ongoing support on how to conduct comprehensive assessments and specialized treatment. There are 7 faculty who deliver different aspects of the training. I incorporate Focusing into my clinical work.

With regards to Focusing, I became a Certified Focusing trainer in 1994. As one of the trainers in Mary Armstrong's Focusing Centre I had the opportunity to Chair the 11th Annual International Focusing Conference in 1999 held in Kempenfelt Bay, Ontario. From 2000 to 2005, Jan Winhall and myself were Co-Directors of the Focusing Centre for Training in Toronto, Ontario. We provided ongoing classes to teach Focusing as well as provided a training program for mental health professionals wishing to incorporate Focusing into their work. We also offered training weekends and retreats, as well as presented at Conferences both locally and internationally.

Recently, I have returned to providing Focusing training to professionals on an adhoc basis. I have trained two individuals who have become Certified Focusing Trainers. I provide training to professionals on an individualized basis, as well as provide ongoing supervision and support as an FOT therapist.

Personally, Focusing is integrated into every aspect of my life, and I like to say it is "how I live my life". I have recently returned to becoming more active as a Coordinator and plan to continue offering training on an individualized basis. While I continue to use Focusing Oriented Psychotherapy in my professional work with trauma, I also have an interest to incorporate Focusing into spirituality.