

Kevin C. Krycka, Psy.D.

BRIEF BIO:

Dr. Kevin Krycka is professor of psychology and director of the Master of Arts in Existential-Phenomenological Therapeutic Psychology at Seattle University. Since joining the faculty in 1989, he has taught both graduate and undergraduate courses in the area of abnormal psychology and the preparation of psychotherapists. Dr. Krycka's scholarship utilizes phenomenological research methods to develop a deep understanding of how human beings experience and respond to change. Dr. Krycka has extensive experience teaching Focusing to those in the medical and allied healthcare professions (therapists, body workers, acupuncturists, etc.) as well as with persons with serious and life threatening conditions such as HIV/AIDS, cancer, EBV, MS and chronic pain conditions. Currently he is developing a model for 'peacebuilding' that helps bring the felt-sensing process into social change theory and practice as well as to public discourse and policy-making. He was appointed to the Focusing Institute Board of Directors in July 2014.