

00:45:41 Melanie - TIFI: Welcome!

Countries people registered from for this Focusing Highlight:

Argentina

Austria

Australia

Belgium

Canada

Finland

France

Germany

Hungary

Ireland

Italy

Malta

Netherlands

Spain

United Kingdom

United States

00:46:07 Blake B: Hi all! Blake from Tulsa, Ok USA

00:46:25 Jane Quayle: Hi Jane, Australia

00:46:33 Elizabeth Bram: Hello from the Hudson Valley New York!

00:46:40 Linda Vanderlee | Living Aligned Coach: Hello from rural Quebec, Canada.

00:46:43 Inge Terrill - Virginia, USA: Inge Terrill from the mountains of SW Virginia, USA.

00:48:52 Lynette Lancini: Hello to everyone, Lynette from Brisbane/Meenjin, Australia

01:04:28 Azad Ali: Hello Everyone, Azad Ali from Pennsylvania, the USA

01:54:37 Linda Vanderlee | Living Aligned Coach: more please! very interested in this relationship.

01:59:53 Linda Vanderlee | Living Aligned Coach: I'd rather not.

02:00:02 Linda Vanderlee | Living Aligned Coach: I'm on tge phone.

02:00:56 Linda Vanderlee | Living Aligned Coach: I was responding to your question at time. 😊 I am interested in both Facilitation and Focusing.

02:01:13 Jane Quayle: Larry you said that presence can be more or less open and unifying - can the panel say more about how we can facilitate the openness of a closed presence

02:01:19 Audrey Meuse: I would like to see the thoughts re parent and child. Tots, or babies... re language

02:03:15 Azad Ali: I am interested in how to re-focus back when the attention is lost and the mind wandered somewhere else

02:05:04 Katarina Halm: "In relation to Rosa now // a quote from Gene: "“One cannot solve a problem any old way. There cannot be a feedback object, a carrying forward of a complexity any old way.

The CHANGE in the FORMATION is not the same as the change inherent in feeling the direct referent once it is there. The formation is murky—then suddenly the FURTHER formation is what the direct referent FALLS OUT FROM as a stable object or datum. For some seconds or minutes sometimes months, the falling out does not occur. It is nothing like turning and reflecting on what is there waiting. It is a very special formation. When it falls out, every bit of that sequence is exactly what the previous bit required, and the object made by that sequence is a PERFECT FEEDBACK OBJECT." (emphasis added KH)

– Eugene Gendlin, A Process Model (1997 d) Relevance and Perfect Feedback Object"

02:05:39 Bj: Might Katarina say a bit about how her Feldenkrais practice can be helpful in 'placing attention' in one's own body to become less 'closed'.

02:06:26 Blake B: Are there active DF groups forming in school systems?

02:06:28 Rosa Zubizarreta: Thank you, Linda. I look forward to connecting more on this.

02:06:45 Azad Ali: "Relaxing into the body", is nice and easier said than done. The question is how to achieve it

02:07:49 Audrey Meuse: sure

02:08:00 Jane Quayle: Thank you - so what is new for me is that if I relax into my body - my still space - in the face of the fixation of a closed system. Then this alone can influence a shift in the whole

02:22:13 Blake B: Mostly curious at this point. It seems like the schools would be a great venue for more of a systemic application.

02:23:43 Blake B: and thank you!

02:24:11 Rosa Zubizarreta: Our Common Purpose — report from the bi-partisan Commission on the Practice of Democratic Citizenship, sponsored by the American Academy of Arts & Sciences <https://www.amacad.org/ourcommonpurpose/report>

02:25:55 Rosa Zubizarreta: You're most welcome, Blake! Thank you for your thoughtful question...

02:26:34 Linda Vanderlee | Living Aligned Coach: I would be interested in hearing from any participants from other countries if they have similar resources to suggest. 🙏

02:29:57 Katarina Halm: Om relation to Audrey's note
<https://thinkinginmovement.ca/self-image/>

02:36:02 Bj: Thanks for a lovely program!

02:36:54 Lynette Lancini: Such a lovely inclusive synergy in your presentation, thankyou. Larry 'my heart is aching for company with the rest of myself'

02:36:55 Linda Vanderlee | Living Aligned Coach: Thank you so much everyone.

02:37:46 Blake B: Thank you. Great stuff to feel and consider here. Will slideshow be provided?

02:37:50 Dr. Wendi Maurer: So wonderful! Hope you do a part 2!

02:38:00 Inge Terrill - Virginia, USA: Wonderful workshop. It is helping me prepare for summer camps with children!

02:43:10 Inge Terrill - Virginia, USA: Thank you so much everyone for the love and connection you are sending into the world.