01:04:17 Jeffrey Kinnamon: Hello from Geneva, NY USA! 01:04:20 Countries people registered from for this Highlight: Melanie: Australia Austria Belgium Canada Chile France Germany Hong Kong - China India Ireland Israel Italy Netherlands Poland Romania Singapore Slovenia South Africa Spain Switzerland Taiwan Ukraine **United Kingdom United States** 01:04:29 Karen Slezak: Hell from Toronto Canada 01:04:35 Eric K: Hi from California. Good afternoon from London 🚟 01:04:58 Joanne: 01:05:38 Donal Grehan: Hello from Donal in Galway, Ireland 01:06:18 joke janmaat: hello from Holland I Joke 01:36:42 Naomi S: I didn't catch the question 02:05:21 joke janmaat: being connected to life energy, yesss 02:05:32 Eric K: I don't know what's happening now but I'm going to let it be very significant. 02:05:51 Mineke, The Hague: sense of connection to the meaning of one's life Jutika: I resonated with the move from small meaning with gym plan, nutrition 02:06:11 etc to big perspective where you are in touch with what really is important 02:07:33 Donal Grehan: Remembering a significant healing/transformative moment in my life 02:07:34 Naomi S: Exploring the life force energy behind that part that wants to do all the 'right things' to get better, but are in fact just expensive distractions. There is a deeper knowing available 02:43:12 Shlomit Sheila Geisler:

Thank you!

03:00:08 Melanie: Thank you Matanel and everyone for attending and participating.

Matanel's email list signup: https://lp.vp4.me/xyk3

Email: matan612@gmail.com

TIFI Survey https://www.surveymonkey.com/r/7KRHSFH

Next Highlight is February 18th with Miko Brown "Focusing as a Liberatory Process" https://focusing.org/event/focusing-liberatory-process

03:00:32 Helen: Thank you!

03:00:56 marie sheppard (she/her): Thank you Matanel & the team. This was potent,

accessible and playful. What a combination!