

01:02:10 Mary Elaine Kiener: Hello, from Lansing, MI.
01:02:10 Thel: hello lovely to be here from Townsville Queensland
01:02:43 Suzana Estrada: Hello, from Lisbon, Portugal!
01:04:16 Naty Calviño: Holaaa!!!
01:04:39 Jen Dunbabin, Presenter, Australia: Dear Katarina Hello
hello hello and hugs
01:05:06 Mary Anne Schleinich: Hello! Mary Anne in Calgary here.
😊
01:18:22 Mary Anne Schleinich: oil and gas use/ renewable energy
01:19:07 Mary Anne Schleinich: Absolutely. I'm there. Silence
reigns.
01:19:18 Thel: As a woman not having children
01:20:25 Naty Calviño: Veganism
01:20:34 Mary Elaine Kiener: When we don't agree on the meaning
of terminology we use (e.g., Sue, I'm wondering how you define
"euthanasia"
01:21:51 Naty Calviño: White Supremacy
01:22:42 Mary Anne Schleinich: Public water fluoridation and
pipelines.
01:26:42 Mary Anne Schleinich: I find that have to be very
attentive on twitter, and I correct the first assumption of insult.
01:27:22 Mary Anne Schleinich: However, in person, I'm distressed
that communication becomes blocked once we discover that we have
differing opinions.
01:28:50 Thel: If they have such a strong stance then I won't feel
safe to open up about anything else that is controversial. I am very
opened and feel so isolated when their hatred comes out
01:29:02 Naty Calviño: Usually many people want to 'win' the
argument
01:29:40 Naty Calviño: Instead of listening to each other's reasons
01:29:48 Mary Anne Schleinich: Also, if the other person is coming
on strong, I assume that they have a strong implicit motivator that
they will not speak to directly.
01:43:06 Mary Anne Schleinich: no value on not-knowing.
01:43:11 Thel: My body knows when someone is speaking 'relationally'
and when their not. When they aren't I tune out and remove myself
01:44:08 Mary Anne Schleinich: Yes, disallows the information and
creative responses that can come out of a relational space.
02:07:18 Mary Anne Schleinich: Can't you use your phone? We are not
on the screen. Only the presenters.
02:08:19 Mary Anne Schleinich: sorry that message was not for the
group!
02:10:31 Mary Anne Schleinich: I think it's also really OK to feel
the emotions.
02:12:05 Mary Anne Schleinich: The lack of discussion is what I
find very frustrating. It's potent! And what a shame to steer clear
of the space.
02:13:30 Katarina Halm, Vancouver BC Canada: The Zero gravity
(exercise) seemed almost an opportunity for 'sparring' in a safety
zone ... the contentious conversation could transpose into flying

opening to finding new forms of communication and resolutions
02:14:58 Mary Anne Schleinich: Sure that's why I raised my hand.
02:23:11 Naty Calviño: Yes,! Freedom from the known...Krishnamurti
02:27:54 Mary Anne Schleinich: I like the way you put that, Sue, if I'm overwhelmed ... vs if there are strong emotions (bc I'd like to welcome strong emotions).
02:31:37 Mary Anne Schleinich: I think the culture I live in values the right thinking, agenda, outcome more than relationships. I don't think #1 is actually a popular or true option for most. The agenda is more important than relationship. #1 is lived very privately.
02:35:46 Mary Anne Schleinich: "What matters most to me is a good quality of relationship with everyone I work with. So if you don't mind, I'll take time for that.." (how is that?)
02:38:50 Katarina Halm, Vancouver BC Canada: Yes it will be good to hear you say more, thank you.
02:42:47 Isa Brown: +1 Katarina
02:43:11 Katarina Halm, Vancouver BC Canada: Gendlin, E.T. (2000). The 'mind'/'body' problem and first person process: Three types of concepts. In R.D. Ellis & N. Newton (Eds.), Advances in consciousness research: Vol. 16. The caldron of consciousness: Motivation, affect and self-organization - An anthology. , pp. 109-118. Amsterdam/Philadelphia: John Benjamins. From http://previous.focusing.org/gendlin/docs/gol_2104.html
02:44:12 Mary Anne Schleinich: Nice to hear you Katarina!
02:51:16 Mary Anne Schleinich: It's really a terrible indictment of our society that we cannot listen to each other. I don't mean it so much as a criticism as a challenge.
02:53:07 Mary Anne Schleinich: I want to find ways to engage the other.
02:54:12 Mary Anne Schleinich: Hot potato conversations can be like walking on egg shells around an addiction -
02:57:03 Mary Anne Schleinich: A skill in a group is to reflect the exact words, bc in a group each person can be so competitive and aware of short time, that the group doesn't want to take the time to acknowledge what has been said, yet right there, is where the shift forward can happen (in the acknowledgement).
02:58:03 Thel: I'm drawn to Eugene's work because of creating space and acknowledging 'the new life of more' and I'm so grateful that you've brought this concept to hot potato conversations. Thank you !
02:58:16 Jen Dunbabin, Presenter, Australia: Thank you Thel
02:58:48 Naty Calviño: I really enjoyed this conversation!!! Thank you very much!!
02:58:54 Melanie: TIFI Courses and Events page: <https://focusing.org/events>

Sue Burrell <sburrell@controlsystems.com.au>

Jennifer Dunbabin <jmdunbabin@gmail.com>

02:59:00 Mary Anne Schleinich: Thank you somuch!

02:59:33 Katarina Halm, Vancouver BC Canada: Thank you Mary Anne, the pausing to honour what is happening in the moment. Thank you Jen, Sue and Each of you tonight ... the time together has created many lovely steps to engage with others!

02:59:50 Thel: what is the TIFI website address please

03:00:02 Jen Dunbabin, Presenter, Australia: focusing.org

03:00:04 Mary Anne Schleinich: Good bye!