

THINK DIFFERENT-TAE

An Introduction To Thinking At The Edge
with Nada Lou

Focusing Highlight Series 14.1.2020



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Philosophy of the Implicit

Focusing

Thinking at the
Edge

FELT SENSE



FOCUSING

Practice has been around for a long time.

Personal and private

Partner does not need to know what the issue is

Partner only reflects back no guiding

Looking for resolution shifting towards something missing

Movements through steps happen in the same session

(TAE) Thinking at the Edge

Relatively new practice.

Personal, Social and for Public.

Partner needs to know what the topic is about

Aim is to articulate some knowing.

Expanding an idea into a concept.

It is not a problem.

Steps are building blocks over time

something to think about

THINK DIFFERENT is not rearrangement of the mind
it is helping NEW IDEAS to burst in forward direction

By felt sensing you will learn how to explicate your true meaning
into fresh language

Genuine messages of this quality change how we live in
relationships.

TOPICS for TODAY

Felt sensing - Looking for your growing Edge

Languaging

Writing for yourself

Writing and communicating to public



Nada modelling her process

Many people heard about TAE and wonder what is it? They often call TIFI with those questions. I teach most of the years TAE and experience how rewarding it is for my students to find out how they can think from their felt sense and how excited they are about realizing they did not even hear themselves say things they found /discover when they begin this process. I wanted to give a chance for people to experience this in a small way to open up their curiosity for more thorough investment of time for themselves.



Nada modelling her process

- TAE has great value and is unfamiliar to most people yet it brings ideas that have no words yet into being.
- Short course in TAE helps those who are keen to discover different way of expressing something they have no words for yet.
- I want to offer a taste of thinking from the felt sense as an additional option for creative expressions of many kinds.
- From my teaching experience I want to provide opportunity for many, a way I know works to bring precious untapped personal gifts to life.



Nada modelling her process

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MY SENTENCE:

In this short workshop I am providing an opportunity for participants to experience exciting formation of idea, nurtured into language from the felt sense.

Public Language

Felt sensing Language

Public Language

Shared language

Usual meaning

Available commonly used words

Words used in everyday life

Loaded with meaning

Meanings we share with general public

Felt sensing Language

Felt Sensing language - fresh.

Your body actually produces it.

Meaning is subtle in Felt sensing language,

Intricate,

Challenging to symbolize.

Phrases / unusual formation of words.

Language is analogous to your meaning

Words that come are natural.

Language that comes is symbolization of your felt sensing process.



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NURTURED -> Thesaurus (Synonyms) = PUBLIC meaning

support
parent
cultivate
mother
care



**NURTURED - What do I want it to mean - felt
sensing language**

**gently teased out
carefully guided
explored
looking for a right fit
test pause test
fit the meaning by rearrangement**



In this short workshop I am providing an opportunity for participants to experience exciting formation of idea, nurtured gently teased out, carefully guided, explored, looking for a right fit, test pause test, fit the meaning by rearrangement into language from the felt sense.



ORIGINAL

In this short workshop I am providing an opportunity for participants to experience exciting formation of idea, nurtured gently teased out, carefully guided, explored, looking for a right fit, test pause test, fit the meaning by rearrangement into language from the felt sense.

FINAL (for now)

Gently teased out and carefully guided, this workshop is an opportunity to explore the right fit of meaning into language from the felt sense. Looking for this exciting creation of idea through test, pause, test rearrangement is provided for participants to experience.

TO LEARN MORE

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You need to stand again in your own experiencing, in your own ongoingness, which is this intricate complexity inside of life, to put into the world what hasn't been said yet, that you are carrying from your particular experience.

Dr. Gene Gendlin