



Poems shared by Glenn Fleisch on the GEMS webinar call May 24, 2017

LET GO OF YOUR WORRIES RUMI

Let go of your worries
and be completely clear-hearted,
like the face of a mirror
that contains no images.
If you want a clear mirror,
behold yourself
and see the shameless truth,
which the mirror reflects.
If metal can be polished
to a mirror-like finish,
what polishing might the mirror
of the heart require?
Between the mirror and the heart
is this single difference:
the heart conceals secrets,
while the mirror does not.

HIDING IN THIS CAGE KABIR

Hiding in this cage
of visible matter

is the invisible
lifebird

pay attention
to her

she is singing
your song

WILD GEESE**Mary Oliver**

You do not have to be good.
You do not have to walk on your knees
for a hundred miles through the desert, repenting.
You only have to let the soft animal of your body love what it loves.
Tell me about despair, yours, and I will tell you mine.
Meanwhile the world goes on.
Meanwhile the sun and the clear pebbles of the rain
are moving across the landscapes,
over the prairies and the deep trees,
the mountains and the rivers.
Meanwhile the wild geese, high in the clean blue air,
are heading home again.
Whoever you are, no matter how lonely,
the world offers itself to your imagination,
calls to you like the wild geese, harsh and exciting-
over and over announcing your place
in the family of things.

DON'T GO BACK TO SLEEP RUMI

For years, copying other people, I tried to know myself.
From within, I couldn't decide what to do.
Unable to see, I heard my name being called.
Then I walked outside.

The breeze at dawn has secrets to tell you.
Don't go back to sleep.
You must ask for what you really want.
Don't go back to sleep.
People are going back and forth across the door sill
where the two worlds touch.
The door is round and open.
Don't go back to sleep.